



STUDENT GOVERNMENT ASSOCIATION

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Counseling Services Accessibility Bill

Act Number: 2023-04

22 October 2023

Introduced by: Senator Patricia Kalaidjian

Proposed by: Senate Secretary Andrew Taranta

Ramapo College Counseling Services Accessibility Bill

Whereas: The Student Government Association (SGA) is the liaison body to the Faculty, Staff, Administration, the Board of Trustees and the Board of Governors of Ramapo College of New Jersey;

Whereas: Ramapo College is committed to being a designated stigma-free campus;

Whereas: The welfare of our students, both in their academic pursuits and personal well-being, stands as a primary concern for Ramapo College;

Whereas: The accessibility and widespread awareness of available counseling services are critical components of fostering a supportive and thriving academic environment;

Whereas: The destigmatization of mental health challenges and the nurturing of a culture where open discussions surrounding these issues are welcomed are fundamental to maintaining a healthy campus;

Whereas: Ramapo has acquired and allocated a significant grant by the state to enhance mental health services and is reflective of the commitment of Ramapo College to the mental well being of students;

Whereas: In an effort to promote student wellness, Ramapo introduced Uwill to the campus. UWill is the leading mental health and wellness solution for colleges and students, providing free immediate access to teletherapy and mental health crisis support for students;

Whereas: In addition, the Togetherall program was introduced last semester and is a peer-to-peer mental health support community which is available online, 24/7, and is completely anonymous so students can express themselves freely and openly;



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Whereas: In addition to Togetherall's online community, students will have access to a wealth of useful resources and can work through tailored self-help courses covering topics such as anxiety, sleep, depression and many more;

THEREFORE, BE IT RESOLVED: The Student Government Association shall employ visible methods to promote mental health awareness across campus, and encourages the display of posters and essential information in prominent areas frequented by students;

THEREFORE, BE IT RESOLVED: The Student Government Association shall mandate each member to be informed of the available counseling services that Ramapo College is currently offering in the Summer, Fall, and Spring trainings. Unless vacant, it is the responsibility of the Health and Counseling services liaison to inform the Student Government Association of any changes to the availability of counseling services.

THEREFORE, BE IT RESOLVED: The Student Government Association shall organize promotions of Togetherall, Uwill, and essential mental health resources through collective media outlets and tabling events to enhance the accessibility of mental health resources on campus;

THEREFORE, BE IT RESOLVED: The Student Government Association shall collaborate with the relevant faculty and offices to enhance and accurately promote awareness of the currently available mental health strategies, including the available counseling services, ensuring they are effectively communicated to the campus community;

Shannon DeCicco

Shannon DeCicco
President '23 - '24

Madison Weeks

Madison Weeks
Senate President '23 -'24