

RAMAPO COLLEGE OF NEW JERSEY Office of Marketing and Communications Press Release February 11, 2020

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World Renowned Researcher to Discuss Epigenetics at Ramapo College

MAHWAH, N.J. – On Thursday, March 5 at 12 p.m., Rachel Yehuda, Ph.D., professor of psychiatry and neuroscience and director of the Traumatic Stress Studies Division at the Mount Sinai School of Medicine, will speak about her research in a presentation, "The Intergenerational Effects of Trauma." Her talk will be presented in the H-Wing Auditorium of Ramapo College under the auspices of The Gross Center for Holocaust and Genocide Studies.

Dr. Yehuda, whose work also includes the Post Traumatic Stress Disorder clinical research program and the Neurochemistry and Neuroendocrinology Laboratory at the James J. Peters Veterans Affairs Medical Center, is a recognized leader in the field of traumatic stress studies. She has authored more than 250 published papers, chapters, and books in the field of traumatic stress and the neurobiology of PTSD. Her current interests include the study of risk and resilience factors, psychological and biological predictors of treatment response in PTSD, genetic and epigenetic studies of PTSD and the intergenerational transmission of trauma and PTSD. She has an active, federally-funded clinical and research program that welcomes local and international students and clinicians.

Dr. Yehuda's research on cortisol and brain function has revolutionized the understanding and treatment of PTSD worldwide and was awarded the renowned Max Planck Institute for Psychiatry (Munich, Germany) 2004 Guest Professorship. The appointment signifies a special recognition of the outstanding research she has been performing in the field of neuroscience in the context of studies on causality of psychiatric disorders over the years. Dr. Yehuda received her Ph.D. in psychology and neurochemistry and her M.S. in biological psychology from the University of Massachusetts at Amherst; she completed her postdoctoral training in biological psychiatry in the Psychiatry Department at Yale Medical School.

For information or to request disability-related accommodations for this event, please contact <u>holgen@ramapo.edu</u> or call 201-684-7409.

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Ramapo College of New Jersey is the state's premier public liberal arts college and is committed to academic excellence through interdisciplinary and experiential learning, and international and intercultural understanding. The College is ranked #1 among New Jersey public institutions by College Choice, and is recognized as a top college by *U.S. News & World Report, Kiplinger's*, Princeton Review and *Money* magazine, among others. Ramapo College is also distinguished as a Career Development College of Distinction by CollegesofDistinction.com, boasts the best campus housing in New Jersey on Niche.com, and is designated a "Military Friendly College" in Victoria Media's *Guide to Military Friendly Schools*.

Established in 1969, Ramapo College offers bachelor's degrees in the arts, business, data science, humanities, social sciences and the sciences, as well as in professional studies, which include business, education, nursing and social work. In addition, the College offers courses leading to teacher certification at the elementary and secondary levels, and offers graduate programs leading to master's degrees in Accounting, Business Administration, Data Science, Educational Technology, Educational Leadership, Nursing, Social Work and Special Education.