



RAMAPO COLLEGE OF NEW JERSEY
Office of Communications and Public Affairs
Press Release
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Yoga Teacher Certification Information Session at Ramapo College

MAHWAH, N.J. – The Center for Innovative and Professional Learning at Ramapo College of New Jersey is hosting information sessions for the Yoga Teacher Certification program. Sessions are Tuesday, March 29, 7 to 8 p.m. and Wednesday, April 6, 1 to 2 p.m. in ASB-420 on the Ramapo College of New Jersey campus, 505 Ramapo Valley Road, Mahwah. *Ramapo College is a Yoga Alliance Registered School.* To sign up and learn more, visit: www.ramapo.edu/cipl/yoga

Community members who wish to expand their job market skills, who also wish to enhance their overall health and well being, may wish to pursue yoga teacher certification to develop a working knowledge of fundamental yoga concepts, practice and teaching methods. Professor Carol Bowman, program co-director, will present information and answer questions about the certificate requirements that meet Yoga Alliance 200-hour yoga teacher certification requisites.

For additional information, contact Professor Carol Bowman, Yoga Certificates Program Co-Director, at cbowman@ramapo.edu or the Center for Innovative and Professional Learning at cipl@ramapo.edu or 201-684-7370.

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Ranked by *U.S. News & World Report* as fifth in the Best Regional Public Universities North category, Ramapo College of New Jersey is sometimes viewed as a private college. This is, in part, due to its unique interdisciplinary academic structure, its size of approximately 6,000 students and its pastoral setting in the foothills of the Ramapo Mountains on the New Jersey/New York border.

Established in 1969, Ramapo College offers bachelor's degrees in the arts, business, humanities, social sciences and the sciences, as well as in professional studies, which include nursing and social work. In addition, Ramapo College offers courses leading to teacher certification at the elementary and secondary levels. The College also offers eight graduate programs as well as articulated programs with Rutgers, The State University of New Jersey, New York Chiropractic College, New York University College of Dentistry, SUNY State College of Optometry and New York College of Podiatric Medicine.