

RAMAPO COLLEGE OF NEW JERSEY
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Walk a Mile in Her Shoes Takes Stand Against Violence

(MAHWAH, NJ) On Tuesday, October 14, the Ramapo College Women's Center presents *Walk a Mile in Her Shoes*, an annual event where men symbolically march around campus in high-heeled shoes to take a stand against relationship violence and sexual assault. The event, started at Ramapo in 2005, is widely attended by athletes, fraternity brothers and other student leaders who come together to make a real impact on their peers. The walk will take place at the Arch starting at 1 p.m., according to men's outreach coordinator, James Perlas.

"This event is great way to illuminate and take a stand against the situations we've been seeing so often in the news lately," said Perlas. "Addressing topics such as relationship violence, and the unhealthy standard of masculinity our society sets, is never an easy task. The empowering and humorous aspects of Walk a Mile in Her Shoes allows us to break down those barriers and understand that only by working together can men and women reduce instances of violence and assault."

The Women's Center, founded in 1974, is a social justice organization that provides a safe space for all students on campus and coordinates programming on many issues. *Walk a Mile in Her Shoes* is a part of Violence Awareness Week, an annual campaign to empower students to stop sexual assault and relationship violence.

Ranked by *U.S. News & World Report* as sixth in the Best Regional Universities North category for public institutions, Ramapo College of New Jersey is sometimes mistaken for a private college. This is, in part, due to its unique interdisciplinary academic structure, its size of approximately 6,000 students and its pastoral setting in the foothills of the Ramapo Mountains on the New Jersey/New York border.

Established in 1969, Ramapo College offers bachelor's degrees in the arts, business, humanities, social sciences and the sciences, as well as in professional studies, which include nursing and social work. In addition, Ramapo College offers courses leading to teacher certification at the elementary and secondary levels. The College also offers seven graduate programs as well as articulated programs with Rutgers, The State University of New Jersey, New York Chiropractic College, New York University College of Dentistry, SUNY State College of Optometry and New York College of Podiatric Medicine.