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Havemeyer Edible Garden to Host Food Network Star Ellie Krieger

(MAHWAH, NJ) – Ramapo College's Havemeyer Edible Garden will host its annual fundraiser on Thursday, September 18, 2014. Ellie Krieger, star of the *Food Network's* hit show "Healthy Appetite" and best-selling author, is the guest speaker.

Krieger will discuss *Weeknight Wonders* with event guests. Her presentation will be followed by an organic dinner, featuring fresh food, herbs and honey grown in the Havemeyer Edible Garden or produced locally. Ramapo College students in the first-year seminar course on nutrition taught by Dr. Jackie Ehlert-Mercer, founder of the Havemeyer Edible Garden, are assisting in the event and will earn credit toward fulfilling their course enrichment component requirements.

Krieger is a nutritionist who helps people find the sweet spot where "healthy" and "delicious" meet. She is a James Beard Foundation award-winning and *New York Times* best-selling cookbook author. She has been a columnist for *Fine Cooking*, *Food Network Magazine and USA Today*. Krieger has appeared on national television shows such as *Today*, *Good Morning America* and *Dr. Oz*, among others. She has been featured in several magazines, including *Better Homes and Gardens*, *People*, *Self* and *More*. Krieger has been at the forefront of First Lady Michelle Obama's "Let's Move" campaign from the beginning. Mrs. Obama's team invited her to head up a nutrition education initiative at the "Healthy Kids Fair" on the White House lawn in 2010.

A registered dietitian, Krieger earned her bachelor's of science in clinical nutrition from Cornell and her master's in nutrition education from Teacher's College Columbia University. She recently released a highly acclaimed new cookbook, *Weeknight Wonders: Delicious Healthy Dinners in 30 Minutes or Less.*

For many years, the Havemeyer Edible Garden annual fundraiser featured special guest speakers including notable authors, researchers and food gurus such as Dr. Marion Nestle, Dr. Joan Gussow, Corinne Trang and Mark Winne. Krieger continues that tradition of high-profile and nationally known nutrition and sustainability professionals visiting and participating in events at Ramapo College.

For more information events and programming at the Havemeyer Edible Garden, contact Dr. Ehlert Mercer at edudentama and visit www.ramapo.edu/garden/.

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Ranked by *U.S. News & World Report* as sixth in the Best Regional Universities North category for public institutions, Ramapo College of New Jersey is sometimes mistaken for a private college. This is, in part, due to its unique interdisciplinary academic structure, its size of approximately 6,000 students and its pastoral setting in the foothills of the Ramapo Mountains on the New Jersey/New York border.

Established in 1969, Ramapo College offers bachelor's degrees in the arts, business, humanities, social sciences and the sciences, as well as in professional studies, which include nursing and social work. In addition, Ramapo College offers courses leading to teacher certification at the elementary and secondary levels. The College also offers seven graduate programs as well as articulated programs with Rutgers, The State University of New Jersey, New York Chiropractic College, New York University College of Dentistry, SUNY State College of Optometry and New York College of Podiatric Medicine.