

FOR IMMEDIATE RELEASE

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CPR AED Certification Course at Ramapo College

(MAHWAH, NJ) - Ramapo College is offering the American Heart Association Heartsaver CPR AED (automated external defibrillator) course for 2-year certification for personal trainers, volunteer coaches, parents, lifeguards, teachers and others with little or no medical background. Successful candidates are issued a Heartsaver First Aid CPR AED Course Completion Card within 30 days.

Classes are offered on Tuesday, April 16, 9:30 a.m. to 12:30 p.m. and 6 to 9 p.m. in the Academic Complex, Room A-217 and on Saturday, April 20, 9:30 a.m. to 12:30 p.m. and 6 to 9 p.m. in the Academic Complex, Room A-227. Pre-registration is required on the Web site at: www.ramapo.edu/cipl/workshops/cpr.html.

Instructor-led courses teach participants the critical skills needed to respond to and manage an emergency in the first few minutes until emergency medical services (EMS) takes over. Course includes multiple learning activities: videos, hands-on practice and skill testing. Appropriate attire for working with mannequins at floor level is required.

According to the American Heart Association, AED is included in the CPR course based on science in the 2010 AHA Guidelines for CPR & ECC that indicates that the chance of survival from sudden cardiac arrest is greater when high-quality CPR includes use of an AED. As AEDs are becoming more and more widely available in public and workplace settings, there is an increased need to educate people on how to use an AED.

The fee is \$125 plus \$12 for the required book, which is mailed and must be reviewed prior to the first day of class.

For more information about the workshop, please visit:

www.ramapo.edu/cipl/workshops/cpr.html, or call the Ramapo College Center for Innovative and Professional Learning at (201) 684-7370.

The Ramapo College of New Jersey Center for Innovative and Professional Learning (CIPL) supports postgraduate professional education, workforce development, and alternative learning. The Center also engages in internal and external educational partnerships to advance the College, and provides innovative continuous learning opportunities for community members of all ages.

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Ranked by *U.S. News & World Report* as sixth in the Best Regional Universities North

category, Ramapo College of New Jersey is sometimes mistaken for a private college. This is, in part, due to its unique interdisciplinary academic structure, its size of approximately 6,008 students and its pastoral setting in the foothills of the Ramapo Mountains on the New Jersey/New York border.

Established in 1969, Ramapo College offers bachelor's degrees in the arts, business, humanities, social sciences and the sciences, as well as in professional studies, which include nursing and social work. In addition, Ramapo College offers courses leading to teacher certification at the elementary and secondary levels. The College also offers six graduate programs as well as articulated programs with the University of Medicine and Dentistry of New Jersey, New York Chiropractic College, New York University College of Dentistry, SUNY State College of Optometry and New York College of Podiatric Medicine.