

**FOR IMMEDIATE RELEASE**

Contact: Anna Farneski; afarnesk@ramapo.edu / (201) 684.6844

February 27, 2013

**YOGA TEACHER CERTIFICATION INFORMATION SESSIONS  
AT RAMAPO COLLEGE**

**Mahwah, NJ** - The Center for Innovative and Professional Learning at Ramapo College of New Jersey is hosting Information Sessions for the Yoga Teacher Certification program. Sessions are Tuesday, March 5, 1:15-2:00 p.m. and Friday, March 8, 6:30-7:30 p.m. in the Academic Complex, Room B-224 on the Ramapo College of New Jersey campus, 505 Ramapo Valley Road, Mahwah. *Ramapo College is a Yoga Alliance Registered School.* To sign up and learn more, visit: [www.ramapo.edu/cipl/certificates/yoga.html](http://www.ramapo.edu/cipl/certificates/yoga.html)

Community members who wish to expand their job market skills, who also wish to enhance their own overall health and well being, may wish to pursue yoga teacher certification to develop a working knowledge of fundamental yoga concepts, practice and teaching methods. Professor Carol Bowman, program co-director, will present information and answer questions about the certificate requirements that meet Yoga Alliance 200-hour yoga teacher certification requisites.

Additional Information Sessions are scheduled for April 9 and 19. For additional information, contact Professor Carol Bowman, Yoga Certificates Program Co-Director, at [cbowman@ramapo.edu](mailto:cbowman@ramapo.edu) or the Center for Innovative and Professional Learning [cipl@ramapo.edu](mailto:cipl@ramapo.edu) or 201.684.7370.

#####

Ranked by *U.S. News & World Report* as sixth in the Best Regional Universities North category, Ramapo College of New Jersey is sometimes mistaken for a private college. This is, in part, due to its unique interdisciplinary academic structure, its size of approximately 6,008 students and its pastoral setting in the foothills of the Ramapo Mountains on the New Jersey/New York border.

Established in 1969, Ramapo College offers bachelor's degrees in the arts, business, humanities, social sciences and the sciences, as well as in professional studies, which include nursing and social work. In addition, Ramapo College offers courses leading to teacher certification at the elementary and secondary levels. The College also offers six graduate programs as well as articulated programs with the University of Medicine and Dentistry of New Jersey, New York Chiropractic College, New York University College of Dentistry, SUNY State College of Optometry and New York College of Podiatric Medicine.

The Ramapo College of New Jersey Center for Innovative and Professional Learning (CIPL) supports postgraduate professional education, workforce development, and

alternative learning. The Center also engages in internal and external educational partnerships to advance the College, and provides innovative continuous learning opportunities for community members of all ages.