**Course Title:** Community Centered Nursing

**Course Number: NURS 425**

**Semester Lecture Credit:** 4 credits

**Semester & Year Offered:** Fall, 2014

**Class Meeting Day(s): Wednesday (02); Thursday (03); and Friday (01)**

**Time:** 3:00 PM – 6:15 PM (Thursday 3:45-7:00 PM)

**Location: See schedule**

**Faculty:**  Dr.Maisha Amen, PhD., RN Associate Professor

Office telephone: (201) 684-7193 Email: [mamen@ramapo.edu](mailto:mamen@ramapo.edu) Office: ASB 437 Office hours: Thursday, and Friday 12:30 PM- 2:30 PM

**Pre-requisites:** Evidence Based Practice and Research, Health Issues Management I, Family Centered Nursing, Integrative Clinical Strategies II, Pathophysiology/Pharmacology I.

**Co-requisites**: Pathophysiology/Pharmacology II, Health Issues Management II, Integrative Clinical Strategies II

**Course Description:** This course explores how community health nurses use concepts from nursing and public health to provide comprehensive and continuous healthcare. The primary emphasis is the promotion of mental and physical health in high-risk populations at the local, state, national and international levels. Core concepts include community health assessment, epidemiology, and health promotion models and strategies. Students will use critical thinking skills to plan health care strategies that consider the biophysical, cultural, ethical, legal and economic issues for aggregates and communities.

**Course Goals:** The goal is the promotion of the health of aggregates, including individuals, family, and communities. Emphasizes will be placed upon the aggregate as a unit of focus and how aggregates that make up communities promote their own health. Individuals and families are presented within the social context of the community, and students are given the opportunity to define and analyze environmental, economic, political, and legal constraints to the health of these populations.

**Learning Outcomes:** At the completion of this course, the student will be able to:

**Knowledge:**

1. Utilize scientific, and theoretical knowledge as the basis for providing nursing care to culturally diverse clients in the community to promote health, reduce risk, and manage disease. Holistic care includes the use of complementary and alternative medicine (CAM) such as mindfulness.
2. Describe some of the most common types of mental illnesses encountered in community settings.
3. Describe mental health concerns common to the elderly populations.

**Evidenced Based Research and Practice:**

1. Synthesize research from community and public health nursing, to analyze epidemiological disease trends in the provision of nursing care in aggregate populations.

**Information Management:**

1. Analyze and integrate information systems utilized in the community/public health settings.

**Professionalism:**

1. Exemplify moral and ethical principles for resolution of issues and priorities in diverse and vulnerable populations.

**Social Advocacy:**

1. Incorporate understanding of socio-political thought and public health policy at local, national, and international levels.
2. Describe biological, social, and political factors associated with mental illness.
3. Illustrate the impact of natural and man-made disasters on the mental health of global populations.

**Leadership:**

1. Utilize a collaborative decision - making approach in planning nursing care.
2. Identify and critically appraise relevant health promotion and/or illness and injury prevention strategies for select aggregates/groups.

**Role Function:**

1. Analyze the diverse roles of community health nurses and other members of the community health team (i.e., health care providers, community groups, mental health etc.).
2. Examine innovative and effective teaching and learning strategies that exemplify community-centered health education for the individual, family, or aggregate.

**Table 1: Measurable Student Learning Outcomes.**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Paper | Exams | Class discussions | CEC | Clinical Experience |
| Outcome 1: students will utilize scientific and theoretical knowledge … | X | X | X | X | X |
| Outcome 2: students will synthesize research from community … | X | X | X | X | X |
| Outcome 3: students will analyze and integrate information systems … | X | X | X |  | X |
| Outcome 4: students will exemplify moral and ethical principles … | X | X | X | X | X |
| Outcome 5: students will incorporate understanding of socio-political thought … | X | X | X |  | X |
| Outcome 6: students will utilize a collaborative decision - making approach… |  |  | X |  | X |
| Outcome 7: students will analyze the diverse roles of community health nurses … | X |  | X |  | X |

***Course Enrichment Component (CEC)***

The CEC consists of a minimum of five (5) hours of unmonitored experience outside-the-classroom that enhances the student learning that takes place within the classroom.

ATI Proctored Exam: Towards the end of this course, student NCLEX readiness in Community Health Nursing will be assessed with the ATI Content Mastery Proctored RN Community Health Nursing Review Module exam. This exam will be worth 5% of students’ final course grade. Credit will be distributed as follows:

For students achieving:

Level 3 = 10%

Level 2 = 8%

Level 1 = 6%

Below Level 1 = 0

Remediation work will be assigned to students who do not achieve at least a Level 2 on the content mastery exams (Level One and Below Level One).

ATI Proctored Exam Preparation: In preparation for the ATI Content Mastery Proctored RN Community Health Nursing Review Module exam, students will be expected to complete an ATI Online Practice exam. The instructor at the beginning of the course will assign the practice exam; students will be expected to take this exam until a score of 90% is achieved. Students need to print and hand in proof of score prior to proctored exam on a date determined by course instructor. Students who do not achieve a score of 90% will not be permitted to take proctored exam and will receive a zero score for this course requirement. Faculty also advises students to create an ATI focused review after taking practice exam to use in further preparation for the proctored exam.

**Required Textbooks:**

Nies, M., & McEwen, M. (2011). *Community and Public Health Nursing*. 5th Edition: St. Louis, MO Elsevier Saunders

Varcarolis, E.M. (2013). Essentials of Psychiatric Mental Health Nursing. 2nd Edition. St. Louis, MO Elsevier Saunders

American Psychological Association. (2009). *Publication Manual of the American Psychological Association* (6th ed.). Washington, D. C

The Manual of Style used in nursing courses is the APA Publication Manual. Assistance can be found at the following websites:

<http://owl.english.purdue.edu/owl/resource/560/01/>

<http://webster.commnet.edu/apa/index.htm>

<http://www.wooster.edu/psychology/apa-crib.html>

**Course Requirements:**

**Writing Intensive: This course is designated as a ‘writing intensive’, meaning that writing will be integrated throughout the course experience. Writing will be evaluated both formatively and at the end, in a summative fashion. I am available during office hours and for scheduled appointments to assist with assignments within this course. For assistance with writing skills, please work with a writing tutor, located in the Center for Reading and Writing, located in L-211 (crw@ramapo.edu)**

**Community Assessment Project Due 11/7 20% (Draft due 10/24)**

**ATI RN Community Health Nursing Exam 10%**

**Exam I 15%**

**Exam II 15%**

**Exam III 15%**

**Comprehensive Final 25%**

**Draft of Community Assessment Project due, 10/24** Students receive feedback from which they can make improvements.

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| --- | --- | --- |
| **WEEK** | **TOPICAL OUTLINE** | **CHAPTER (S)** |
| **Week 1**  **9/3** | **Review of syllabus and course requirements**  **Introduction To Community Health Nursing**  Speaker “Mental Health” | **1** |
| **Week 2**  **9/10** | **Review of syllabus and course requirements**  **Introduction To Community Health Nursing**   * Health: A Community, National and Global View * Historical Factors: Community Health Nursing in Context   Film “Community Health Nursing-A Practical View” | **1, 2**  **ATI Chapter 1, 2** |
| **Week 3**  **9/17** | **Psychosocial**   * Populations Affected by Mental Illness * Violence and Mental Health | **24, 27**  Varcarolis, E.M. Essentials of Psychiatric Mental Health Nursing,” **Chapters 8 & 9 Paired exercise: Mindful/Active Listening** |
| **Week 4**  **9/24** | * Thinking Upstream: Nursing Theories and Population-Focused Nursing Practice * Health Promotion and Risk Reduction * Epidemiology   **Risk Reduction** | **3, 4, 5**  **Holistic Health Speaker, Bowman (26); Stan. (25)**  **Mindful topics: either Yoga, Reiki, Mindfulness and healthy living** |
| **Week 5**  **10/1** | **(No testing 9/25 & 10/3)**   * Community Assessment * Community Health Planning, Implementation, Evaluation | **6, 7**  **Speaker “Community Health.” Ms Straus Wed, Thur.? Ms. DeSole (Fri)** |
| **Week 6**  **10/8** | **EXAM I (weeks 2, 3, & 4)**  **Oxygenation**   * Environmental Health * Natural and Man-Made Disasters | **14, 28,** |
| **Week 7**  **10/15** | **Community Health Settings**   * School Health * Occupational Health | **29, 30** |
| **Week 8**  **10/22** | * Forensic and Correctional Nursing * Faith Community Nursing | **31, 32**  **Draft of paper due 10/24** |
| **Week 9**  **10/29** | **EXAM II (weeks 5, 6, & 7)**   * Case Management * Cultural Diversity | **9, 13**  **Ms. Straus speaker, Fri. Ms. Desole, Thurs; Ms. Burton, Wed.** |
| **Week 10**  **11/5** | * Home Health and Hospice * Community Health Education   **Activity and Rest** | **33, 8**  **Final Paper Due 11/7** |
| **Week 11**  **11/12** | ***EXAM III (weeks 8, 9, 10)***  **Vulnerable Populations**   * Populations Affected by Disabilities * Homeless Populations | **21, 22** ATI- RN Community Health online Practice results due 11/17. |
| **Week 12**  **11/19** | **Metabolism and Elimination**  **Population Health Problems**   * Communicable Disease * Substance Abuse | **25, 26**  **Film “Drug Abuse”** |
| **Week 13**  **11/26** | **No Class, Thanksgiving Holiday** |  |
| **Week 14**  **12/3** | **Aggregates in the Community**   * Men’s Health * Senior Health   **Alimentation and Nutrition**   * Rural, urban and suburban health | **18, 19, 23**  **Webinar “Elderly and Chronic Disease”** |
| **Week 15**  **12/10** | ***ATI*** RN Community Health Proctored Exam  ***Final Review*** |  |
| **12/15** | ***Comprehensive Final (weeks 11, & 12, 14)*** |  |

**Grading Policy: Course Grade Scale**

|  |  |  |  |
| --- | --- | --- | --- |
| Grade | |  | Grade Pts per Credit |
| A | | 95-100 | 4.0 |
| A- | | 90-94 | 3.7 |
| B+ | | 87-89 | 3.3 |
| B | | 84-86 | 3.0 |
| B- | | 80-83 | 2.7 |
| C+ | | 75-79 | 2.3 |
| F | | 74 and below | 0 |
|  | | **CATALOG GRADING POLICY**. <http://www.ramapo.edu/catalog_12_13/academic-policies.html>  **POLICY ON ACADEMIC INTEGRITY** | | | |
| Students are expected to read and understand Ramapo College’s academic integrity policy, which can be found in theRamapo College Catalog. Members of the Ramapo College community are expected to be honest and forthright in their academic endeavors. Students who violate this policy will be referred to the Office of the Provost. <http://www.ramapo.edu/catalog_12_13/academic-policies.html> | | | | | |
|  | | **STUDENTS WITH DISABILITIES** | | | |
| If you need course adaptation or accommodations because of a disability that has been documented with the Office of Specialized Services, please make an appointment with me. | | | | | |
|  | | **POLICIES SPECIFIC TO THE NURSING DEPARTMENT** | | | |
| Nursing Program specific policies can be accessed in the Nursing Dept Handbook. The website for this handbook is Located at Nursing Handbook link  [http://ww2.ramapo.edu/nursing/handbooks.aspx](https://mail.ramapo.edu/wm/mail/fetch.html?urlid=6ed1001faf5b8182113a756ee7702a94b&url=http%3A%2F%2Fww2.ramapo.edu%2Fnursing%2Fhandbooks.aspx) | | | | | |

**Electronic Forms of Communication**

In accordance with College policy, your Ramapo College email address (@ramapo.edu) will be used to communicate with you about all course-related matters