TO: Employees enrolled in the State Health Benefits Program (SHBP) and School Employees Health Benefits Program (SEHBP)

FROM: NJWELL

SUBJECT: No-Cost Biometric Health Screening

Have you heard about NJWELL? NJWELL is an incentive based wellness program for active State Health Benefits Program (SHBP) and School Employees Health Benefits Program (SEHBP) eligible members and their spouses/partners.

NJWELL requires annual health screenings, disease and condition management, and other health and wellness activities that earn points. Points are translated into financial rewards by way of a Visa Prepaid Card(s). In Program Year 3, which began on November 1, 2015 and ends on October 31, 2016, eligible employees and their spouse/partner can earn up to $250 EACH! For an employee with member/spouse/partner coverage, that means up to $500 in financial rewards.

In order to receive your reward, you need to do three (3) things: Complete a Biometric Screening; complete an online Health Assessment through your health carrier’s website portal; and complete additional health screenings/activities.

To help you reach your wellness goals and achieve your financial reward, NJWELL has partnered with your employer to conduct a no-cost Biometric Screening, administered by Summit Health, on Monday, April 4, 2016 from 9:00 am to 5:00 pm at Ramapo College, Trustee’s Pavilion, 505 Ramapo Valley Road, Mahwah, NJ 07430.
The **first required** component is the completion of a Biometric Screening, which takes about 15 minutes, and earns you 100 points. No fasting is necessary and a finger stick is administered to analyze your cholesterol and blood sugar (glucose) levels. Your blood pressure, pulse and body mass index (BMI) will also be recorded. These results can take up to four (4) weeks to be uploaded to your account through your health carrier’s website portal.

The **second required** component is the completion of an online Health Assessment, earning you an additional 100 points.

The **third** component is to complete other activities or obtain additional health screenings until you reach 400 points for your first $125. But there’s no need to stop there—keep earning points, up to 725, for a TOTAL reward in Year 3 of $250! Your Prepaid Visa Card will be mailed to your home address after earning 400 points.

We are committed to helping you on your path to wellness. Staff from NJWELL, Aetna and Horizon will be available on the day of the Screening to assist you with questions, website portal registration, and completion of the online Health Assessment.

So please join us on **April 4, 2016 from 9:00 am to 5:00 pm at Ramapo College.** Registration is required through this link: [Click Here to access the Summit Health Appointment website](#). Please be sure to register before **April 1, 2016.** If you are unable to schedule an appointment, walk-in appointments may be available on the day of the event. Please ask at the registration area. Don’t forget to bring your health benefits identification card!

**CONFIDENTIALITY:** In order to comply with Federal and State privacy laws, the information obtained through these screenings is completely confidential and will only be shared with you.

Thank you for your anticipated participation. We hope to see you on **April 4**th!

Here’s to your health!

The NJWELL Team

Have questions? Email us at njwell@treas.nj.gov
Need more information? Visit our website at [www.nj.gov/njwell](http://www.nj.gov/njwell)