

Psychology

Recommended Four-Year Plan (Fall 2019)

The recommended four-year plan is designed to provide a blueprint for students to complete their degrees within four years. Students must meet with their Major Advisor to develop a more individualized plan to complete their degree. This plan assumes that no developmental courses are required. If developmental courses are needed, students may have additional requirements to fulfill which are not listed in the plan and may extend degree completion.

NOTE: This recommended Four-Year Plan is applicable to students admitted into the major during the 2019-2020 academic year.

Please be sure to read the full narrative text, below the four year plan template which follows here, to get a stronger sense of how the program is organized as well as how to proceed effectively through the Psychology Program.

A Framework

Students are encouraged to work with the 4 year guidelines as a framework to work within, and not a step-by-step rulebook. The most helpful way to work within this framework is with your Psychology Advisor. All students are encouraged to meet with their advisors, early and often, to organize their own individual plan to meet their own specific needs.

First Year					
Fall Semester	HRS	✓	Spring Semester	HRS	✓
Gen Ed: INTD 101-First Year Seminar	4		Gen Ed: Quantitative Reasoning: (Preferred) MATH 108 – Elementary Probability and Statistics	4	
Gen Ed: SSHS School Core-Social Science Inquiry (SOSC 110)	4		Gen Ed: Studies in Arts and Humanities (AIID 201)	4	
PSYC 101-Introduction to Psychology	4		School Core: Sustainability, Society and Civic Mindedness: Intro Course Outside of Major	4	
Gen Ed: CRWT 102-Critical Reading & Writing II	4		Category 2 Course: Cognition and Perception	4	
Total:	16		Total:	16	

Second Year					
Fall Semester	HRS	✓	Spring Semester	HRS	✓
Category 1: Social and Organizational	4		Psychology Elective	4	
Category 3: Developmental	4		Category 4-Sociocultural Perspectives	4	
Gen Ed: Global Awareness	4		SSHS School Core: SOSC235: History of Social Thought	4	
Gen Ed: Scientific Reasoning	4		Gen Ed: Historical Perspectives	4	
			Career Pathways Module 1: SSHS 001 Career Assessment/Advisor Visit SSHS Advisor in Cahill Center (C209)	Grad. Rqmt.	
Total:	16		Total:	16	

Third Year					
Fall Semester	HRS	✓	Spring Semester	HRS	✓
PSYC 303-Research Methods	4		Elective	4	
PSYC 304-Data Analysis	4		**Gen Ed: Distribution Values and Ethics	4	
**Gen Ed: Distribution: Culture and Creativity	4		Category 5-Clinical Perspectives	4	
Elective	4		**Gen Ed: Distribution: Systems, Sustainability, and Society or Elective	4	
Career Pathways Module 2: SSHS 002 Resume/Cover Letter/Personal Statement Visit SSHS Advisor in Cahill Center (C209)	Grad. Rqmt.		Career Pathways Module 3: SSHS 003 Interview Practice/Internship Search Visit SSHS Advisor in Cahill Center (C209)	Grad. Rqmt.	
Total:	16		Total:	16	

Fourth Year					
Fall Semester	HRS	✓	Spring Semester	HRS	✓
Elective	4		Category 8 Capstone Seminar	4	
Elective	4		Elective	4	
Category 6: Brain and Behavior	4		Elective	4	
Category 7 (Fieldwork) WI	4		Elective	4	
Total:	16		Total:	16	

Total Credits Required: 128 credits
course from outside school or major.

** Gen Ed Distribution Categories: two of the three categories are required with 1
GPA: 2.0 **WI:** Writing Intensive courses needed prior to graduation

Psychology Program at Ramapo College: 4 Year Guidelines

The Psychology Program at Ramapo College is designed to give students a broad range of approaches and perspectives within the complex discipline of Psychology, and the 4 year guidelines are organized to help students plan their path forward to complete the program in the most positive and effective way.

The Psychology Program Core Courses

There are a few courses that can be considered anchor points within the program. These courses are essential to take at the times suggested in order for you to navigate the program successfully. These include *Introduction to Psychology*, *Research Methods*, and *Data Analysis*. These courses will help you to gain entry into other courses, and to understand the content materials in other courses. Introduction to Psychology is a prerequisite to all other Psychology courses, so it is essential to take it during your first semester as a Psychology Major.

We strongly encourage you to take *Research Methods* and *Data Analysis* (two courses that are taken in the same semester with the same faculty member) in the first semester of your junior year. In order to take *Research Methods* and *Data Analysis*, you need to have completed *Introduction to Psychology* and an additional 2 Psychology courses, giving you 12 credits in Psychology and 64 credits total.

Psychology Categories:

The Psychology Program is organized through a category system that provides students with the opportunity to learn within some of the essential and established perspectives within Psychology. The 8 Categories are also organized by level (200 and 300).

Categories 1, 2, and 3 are generally taken earlier on in the program, (with some exception, such as Adolescent Psychology and Industrial-Organizational Psychology which need to be taken at junior status).

Categories 4, 5, and 6 and generally taken a bit later on in the program, as they are all 300 level courses.

Categories 7 and 8 are the culmination of the program (Fieldwork and the Capstone course) and are to be taken during the last phases of your work in the program.

Again, please discuss with your Psychology Advisor which courses and categories best meet your needs.

Electives

The plan includes the opportunity for students to take 8 elective courses. This provides students with the ability to create their own unique educational experience at Ramapo. One of the electives courses must be a Psychology Course. The remaining 7 courses are free, to be used as you wish.

The opportunity to take electives, to elect the courses you wish to take, provides students with the room to:

- declare a minor
- explore their education through any courses they wish
- design their own organized cluster of classes in the areas of their choice.

Speak to your Advisor about which approach is best for you.

Your Psychology Advisor

The Psychology Faculty is dedicated to your development as students and people. These guidelines have been created with you in mind. They have been designed to provide structure and flexibility. Work with your Advisor so you can take, and make, the most of your experience here in the Psychology Program at Ramapo.

